

# Coping Better with ADHD

This webinar is intended for parents of children presenting with ADHD (Attention Deficit and Hyperactivity Disorder) symptoms. Information to better understand the challenges associated with this condition will be offered, as well as parenting strategies to equip parents with the tools to manage behaviours.

Parents of undiagnosed children are also eligible for this free service. This webinar has been conceived according to the **Triple P** program concepts.

**DATE:** Wednesday, November 18, 2020

**TIME:** 6:30 p.m. to 8 p.m.

**LOCATION:** Webinar

**REGISTRATION:** Josée Patenaude  
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