

## Valoris - Where Every Person Matters



The theme of this year's report, "Looking Ahead: Where Every Person Matters," illustrates Valoris' ongoing commitment to putting the individual and collective needs of the adults, youth, children and families of our communities at the forefront of our plans.

We look to the future and remain convinced that each person deserves personalized and tailored support. Valoris strives to provide services that meet the specific needs of each individual, with an approach based on collaboration, integrity and care.

Despite the challenges, this year has been marked by sustained efforts to strengthen our capacities for support and collaboration. The individual and collective successes detailed in this report are the direct result of this commitment.

Valoris continues to move towards a future where every person is valued and every voice counts. Community support is essential to pursue this mission and to promote the well-being and dignity of all. Thank you to all our employees, community partners and board members for their commitment, professionalism and spirit of collaboration.

Paul Cadieux - President of the board of directors

## Board of Directors at March 31, 2024

Paul Cadieux - President Gilles Clavelle - Past President Jo-anne Laviolette - Vice-President

> Isabelle St-Amour - Secretary Guillaume Racine - Treasurer

> > Don Bouchard - Director

Justin Bromberg - Director

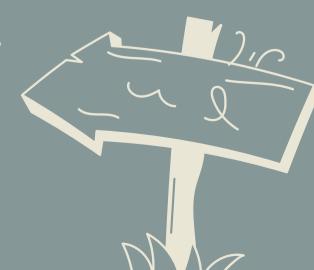
Simon-Olivier Péladeau-Houle - Director

Tammy-Lee Martin - Director

Rachelle Laforge - Director

Suzanne Ouimet - Director

Gabriel Rousselle - Director



## Overcoming Challenges Through Collaboration



The past year has been marked by unprecedented challenges, but also by moments of determination, resilience and innovation. At Valoris, we continued our mission to provide essential support services and resources to those who need them most.

Our dedicated team has worked tirelessly to adapt to new realities, ensuring that every child, adult and family we serve continues to receive quality support and assistance. Thanks to everyone's commitment and flexibility, we have been able to implement creative solutions to overcome obstacles and meet the emerging needs of our community.

This year, we also strengthened our partnerships with other community organizations, enabling us to extend our reach and improve our services.

Together, we have created a stronger support network, offering opportunities for personal and social growth for all.

**Caroline Granger Executive Director** 

### Recognition From Partners

#### The Prescott-Russell Employment Services Centre's 40th Anniversary

Valoris was recognized as one of the important partners of the year for its collaboration on an employability project for at-risk youth and people living with intellectual disabilities. This project aims to facilitate the inclusion, retention and development of the workforce in our communities.

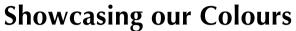
### Victims and Survivors of Crime Week 2023

Valoris received a certificate of recognition from Victim Services of Prescott-Russell in appreciation of its ongoing collaboration. This meaningful recognition highlights the many meetings, discussions and exchanges between the two organizations, all aimed at enhancing the services offered to people in the community.

# Our 2023-2026 Strategic Plan The Beacon That Guides Us

April 4, 2023 - The Big Launch!

Valoris employees attended the launch of the new strategic plan. It was a great opportunity for everyone to learn about the new mission, vision and values that will guide our work in the years to come.



Valoris wanted to proudly display its new mission, vision and values in its service centres. Reception areas have been decorated to reflect our strategic plan, serving as a daily reminder of the principles that guide us!







### OUR VISION

Multiply **opportunities**, reaching **potential**.

### OUR MISSION

To be of **service**, an **ally** in your **personal** and **social** journey.

### **OUR VALUES**

Attentive Integrity Collaborative

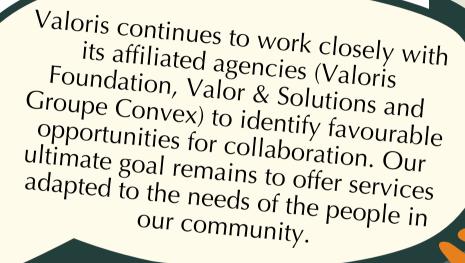
"The strategic plan allows our organization to move forward. We are all looking in the same direction to help our community flourish."

France Anik C.
Director of Clinical Services

### A Successful Collective 2nd Annual General Meeting!

Over 100 people were present to network and to learn more about the different projects of Valoris and its three affiliated agencies.

















## Valoris In Numbers

Data at March 31, 2024

4,148 people

received

6,648 services

307 participants

took part in various support groups offered by Valoris

361 active



employees at March 31, 2024



153 women received support related to gender-based violence





407 children with special needs received

528 adapted services

106 adults with intellectual disabilities benefited from our residential services

157 adults

with intellectual

services

disabilities benefited

from our community



764 children received 1,013 individual services

226 children received counselling and therapy services

### Families We Can Count On



### **Always Seeking for New Foster Families**

Above all, we continue to seek support within the child's or youth's family network as the primary option for care. However, when this is not possible, we turn to our foster families.

Valoris is always seeking foster and host families. In the Prescott-Russell region, children, youth and adults living with an intellectual disability are looking for a warm home and people ready to welcome them!

Want to make a difference in the lives of others in your community?

Become a foster family

### From Innovation to Support

Like many organizations in Ontario, Valoris is also concerned about budget allocations in the human services sector. We do everything we can to innovate and do things differently, so that we can continue to offer high-quality, essential services to the people who rely on us in the community. It is with determination and flexibility that we adapt to new realities in order to guarantee access to essential and important services.

#### **Revisiting How We Offer Services**

The financial context has led us to review and evaluate how we offer our services, one of which being targeted prevention for youth. Although we have ended the *Communities That Care* program, we continue to support young people through the offerings of our various groups. Other services are offered in collaboration with our community partners committed to supporting the youth of Prescott-Russell.



### Sharing Spaces to Strengthen Our Partnership!

In February 2024, the Prescott-Russell Employment Services Center (CSEPR) joined Valoris at its Embrun service centre. Sharing space allows us to strengthen our relationships and offer a more direct and rapid access point to services.



"We are delighted to strengthen our partnership with Valoris, by sharing office space at their Embrun service centre.

This proximity facilitates access to our services for the local population and those benefiting from Valoris support, while consolidating our long-standing collaboration.

Together, we join forces to serve and support our community with compassion and integrity. Many thanks to Valoris for its warm and gracious welcome."

**Caroline Arcand Executive Director, CSEPR** 

## Committed to Diversity, Equity and Inclusion (DEI)







#### **Being Intentional in Our Actions**

In November 2023, members of the Valoris DEI Committee met to carry out collaborative planning, putting forward initiatives on diversity, equity and inclusion. The plan includes awareness-raising activities for staff and opportunities for collaboration with our community partners.

The DEI Committee's main objective is to mobilize several members of the Valoris team to help make the transition to an organizational culture that deliberately acts according to inclusive best practices.

#### **Pride Month**

Valoris took part in the Pride Flag Raising Ceremony in Embrun. This event demonstrates the extent to which Prescott-Russell is committed to building an inclusive community.

#### **National Day of Truth and Reconciliation**

This is an opportunity to remember the impact that residential schools have had and continue to have on First Nations, Inuit and Métis survivors, families and communities. To mark this day, Valoris employees took part in the screening of a documentary, followed by rich discussions and reflections.

#### **National Indigenous Peoples Day**

Valoris invited its employees and members of the community to visit an exhibition by Legacy of Hope Foundation, hosted at our Embrun service centre.

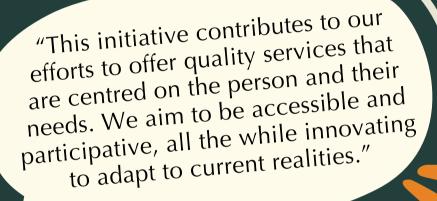
Mélanie S-D. Clinical Supervisor

"It's important for us to re-examine our practices and educate ourselves on issues that affect our communities and the people in our region. Our desire is always to offer quality services that respect each person's identity, culture and needs."

### Commitment

#### Valoris creates its first Family Advisory Council

Families are included in processes as active decision makers. They provide insight and advice on mental health and addiction services, drawing on their collective experience and expertise in supporting loved ones facing these challenges.



Caroline V. Clinical Supervisor

The advisory council has held two meetings to analyze Valoris' processes, operations and policies. The council then issues recommendations.

## Onboarding for Success

Valoris received a \$50,000 grant to coach and train new employees providing services to adults living in residential settings. This funding will strengthen their ability to provide quality, individualized Frenchlanguage services.

Detailed orientation manuals, welcome and coaching sessions, supervision, training cohorts and on-the-job coaching have been put in place to support new members of the Valoris team.

"We have noticed great improvements since implementing the new staff onboarding process. Employees are well supported and equipped, which increases the quality of services offered to each person."

Geneviève D. Residential Supervisor

## Mental Health Services That Live Up to Our Values

#### Valoris Is Once Again an Accredited Organization

In November 2023, Valoris successfully renewed its accreditation with the Canadian Centre for Accreditation (CCA) for a period of four years. Valoris is the only accredited agency offering children's mental health services in Prescott-Russell.

"CCA accreditation is a true seal of approval for our structure, services, management and governance. It is a validation process that demonstrates that we operate responsibly and provide quality, responsive services. Thank you to everyone involved."

Catherine D.
Director of Clinical Services

Valoris took part in North America's largest conference on child and youth mental health to promote a Francophone training project!

#### **Adapting to Current Realities**

In 2022, Valoris received a \$400,000 grant from the Ministry of Health to set up a provincial project for Francophone training around youth mental health services. The grant helped equip French-speaking professionals through three provincial symposiums and 24 virtual training sessions.









#### **Enhanced Suicidal Distress Crisis Response for the Prescott-Russell Community**

Valoris has signed an agreement with the Youth Services Bureau to ensure that youth in the Prescott-Russell region who call the crisis line (613.260.2360 or 1 877.377.7775) can access support more quickly.

### The Well-Being of Every Youth at Heart

331 youth participated in 30 targeted prevention groups

A record number of participants!

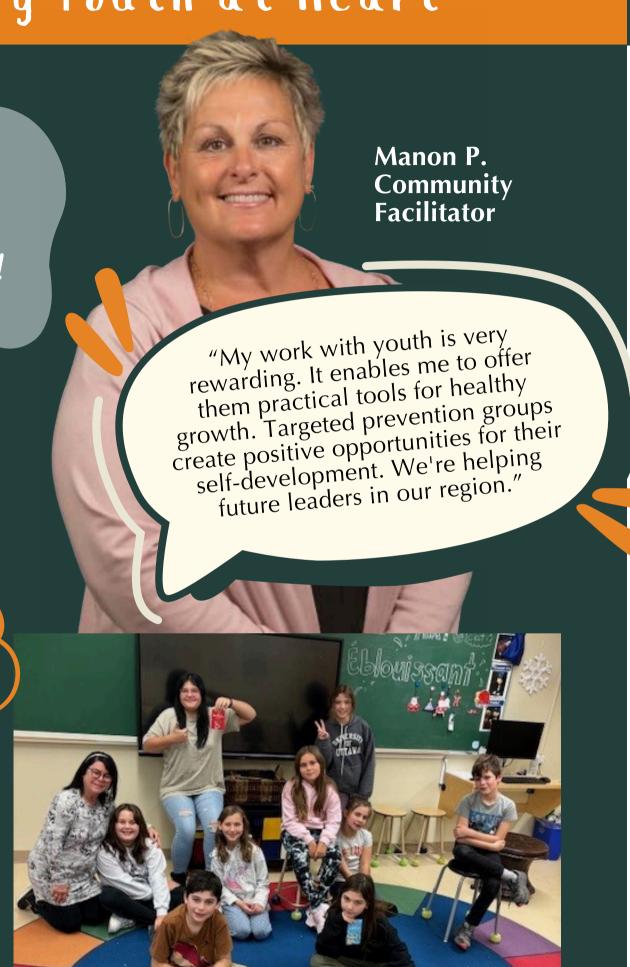


Girls on the Run Group

"Thank you for helping me gain self-confidence and staying in shape!"
- Young participant

"Girls on the Run was my favourite camp ever! Thank you for the experience!"

- Young participant



### Community Involvement

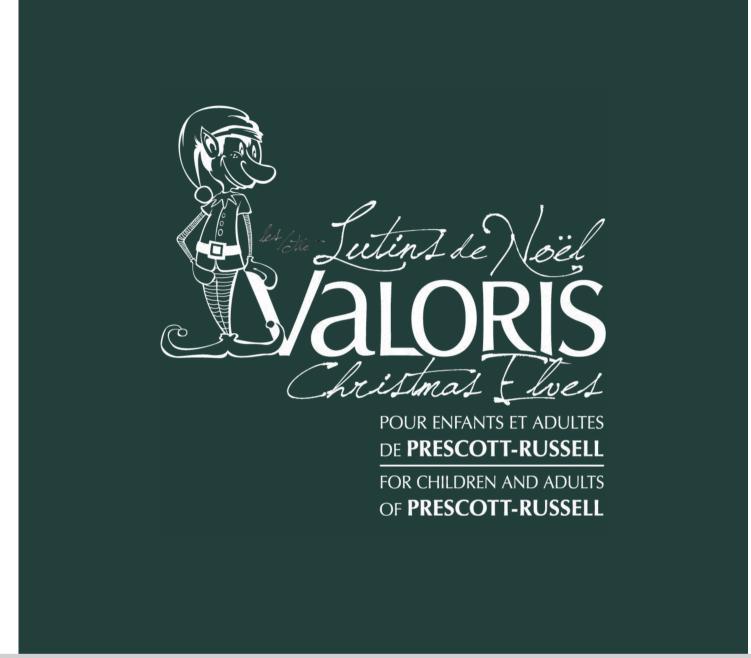
Valoris organized a bilingual career day for youth and young adults interested in skilled trades, in collaboration with Skills Ontario and the Children's Aid Society of Stormont, Dundas and Glengarry.

Valoris, a member of the Prescott-Russell Coalition to Eliminate Violence Against Women, took part in the **December 6 vigil** in tribute to women victims of femicide.



Valoris took part in the International Day of the Girl event organized by Maison Interlude House.

Nearly 40 young girls attended!



Thanks to the Christmas Elves Campaign coordinated by the Valoris Foundation,

### 714 children and teens

woke up on Christmas morning to find presents under their tree.











**Dress Purple Day** 

A number of schools, school boards, daycares and partners joined Valoris in reminding us that together we can ensure the safety and well-being of the children and young people around us.

## More Proficient in Our Approaches

#### Social Role Valorization (SRV) Week

At Valoris, the SRV influences everything we do to help our community. To celebrate and highlight the benefits of using SRV, Valoris employees held a SRV Week in February! Videos, tools and fact sheets were offered so that they could continue to use the SRV daily.

Over 30 Valoris employees received training and participated in consultations with an expert, linked to the ARC intervention model. This approach aims to support the rehabilitation of children and adolescents aged 3 to 17 who have experienced trauma and present after-effects in their emotional, social or behavioural functioning.

"The approach has enabled a parent we support to experience enormous success with his teenager. Their relationship has evolved and I can see positive changes in their lives. It enabled me to build a relationship of trust and equip them to overcome a challenge."

Nathalie D. Interpersonal Collaborator

### What is SRV?

Social Role Valorization (SRV) is a theory developed by Wolf Wolfensberger. It highlights how assigning valued roles to a person can open the door to valuable opportunities and access to the good things in life.

"We remain committed to innovating to meet the evolving needs of our community. We continue to provide high quality, people-led services. Together, we can build a stronger and more prosperous future for all."

Beverly R. Director of Clinical Services

## Our Affiliated Agencies

The project management team facilitated

12 strategic planning activities.



264 people received services from the Valor & Solutions clinical team.





39 staff members, a team bigger than ever.

Supported
35 projects
of personal and social inclusion.



Valor Solutions

VIEW
THE REPORT



138 people worked at Groupe Convex.

22 people received employment support.









VIEW THE REPORT



were offered to Valoris staff and foster families.



15,2% of clinical services were offered in Prescott-Russell.

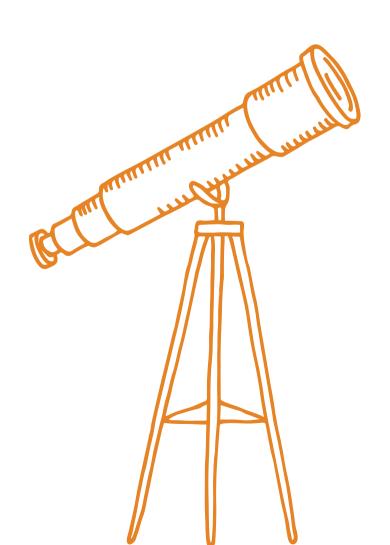


25% of Groupe Convex employees were supported by Valoris.



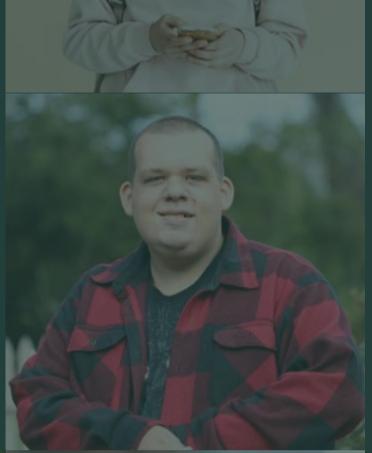
### Financial Information

Non-consolidated statement of operations (summary) for the year ended **March 31, 2024** 



\$
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5,929,114
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223,469
791,731
164,096
741,809
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5,252,950
280,404
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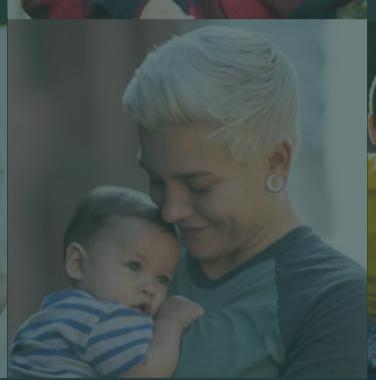


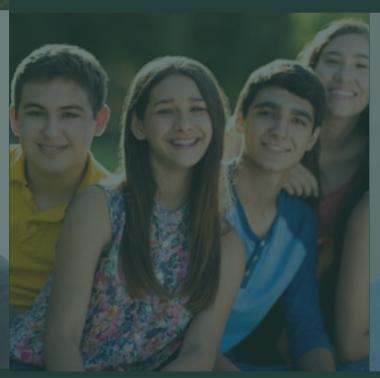


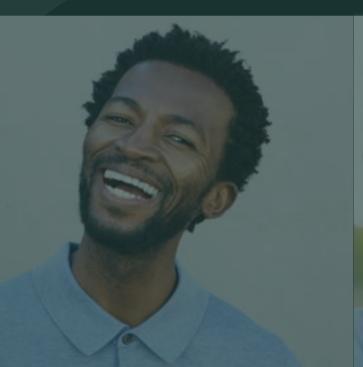
Multiplying opportunities, reaching potential.

















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